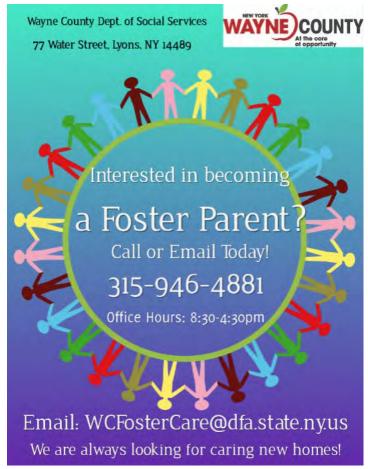
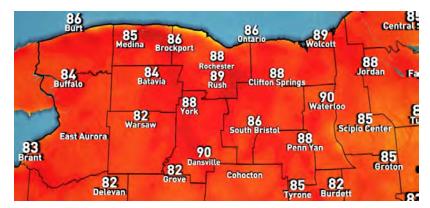
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Wayne County is experiencing a high need for safe, stable foster homes. Please <u>e-mail</u> or call for more information.

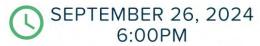


The Heat & Health Report from the New York State Department of Health is now available online at https://heatreports.health.ny.gov. The Report provides users with up-to-date information about trends and patterns for heat and heat-related illness in the warmer weather months of May-September, including some comparisons to recent years for additional context. We hope that the information in the Report is useful during extreme heat events to provide situational awareness of potential impacts across NYS and during the summer in general to better understand some of the health burden associated with heat. Although the Report may evolve over time, we expect to continue producing it during future summers.



SUPPORTED DECISION MAKING

AN ALTERNATIVE TO GUARDIANSHIP



Scan the code to register for this FREE virtual webinar!





personcenteredservices.com

Engagement Series for people with intellectual & developmental disabilities, their families & professionals in the community

Supportive Decision Making

An Alternative to Guardianship webinar

The presentation will provide a brief history of Supported Decision Making (SDM) and will address the evolution and current state of Supported Decision Making in New York State. We will discuss how the Supported Decision Making Agreement can be a less restrictive and empowering alternative to guardianship. The presentation will address how a Supported Decision Making Agreement can provide a legal form of support for the Decision Maker and for those with whom the Decision Maker DM enters into agreements. We will walk through the facilitation process that ultimately results in the Supported Decision Making Agreement. Lastly, the presentation will offer additional resources to attendees, as well as how to make a referral to Supported Decision-Making New York.

Thu, Sep 26, 6:00 PM - 7:00 PM (EST)



Dementia Community Forum for the Veteran Community

Join VA Finger Lakes Health Care System and the Alzheimer's Association as we focus on providing a better understanding of dementia and how it is affecting our community Veteran families.

Tuesday, August 20th 2-4 pm

Macedon Public Library, Community Room 30 West Main Street, Macedon NY 14502

Light snacks will be available



It's early August, and that means the start of another school year is only a month away!

Do yourself and your child a favor: begin making bedtime a little earlier every night to make the transition to early mornings easier on everyone!

Upcoming Partnership Meetings:

January 8, 2025

March 12, 2025

May 14, 2025

August 6, 2025

October 8, 2025

Check https://www.waynepartnership.org/calendar for more dates and upcoming





SPEAKER

Melinda Rath Sanderson

Director NYS Mentoring Program

VIRTUAL INTERACTIVE MENTORING WORKSHOP



SPEAKER Erica Friedman Coburn

Program Engagement Assoc MENTOR New York



SPEAKER

Casey Steiner

Principal Marion Elementary School

Topics:

Mentoring Mindset
Types of Mentoring
Steps to implementing your
Mentoring Program



(L) 9:00 AM - 11:00 AM



S P E A K E R

Emily Lorenzen

Community Schools Coord
Marion Elementary School



SPEAKER

Rob Lillis

President Evalumetrics Research







Register now at:

www.thruwaycoalition.org/eventdetails/mentoring-workshop



RAISING AND EDUCATING RESILIENT, SUPER-POWERED TWEENS & TEENS

AUGUST 28, 2024 PHYLLIS FAGELL

Navigating the tween and teen years can be a stressful time for kids, parents, and educators alike. This period of change, pressure, and uncharted territory can feel overwhelming. Join Phyllis Fagell, a school counselor and acclaimed author, as she shares practical strategies to help kids develop essential skills for managing social complexity, academic challenges, and intense emotions. Drawing from her extensive counseling experience and research, Phyllis will provide insights on self-regulating emotions, building confidence, recovering from setbacks, and making informed decisions about friendships, and substances. This webinar offers valuable tools to support children through these critical years and foster their growth and resilience. Join Phyllis Fagell and Operation Parent and start your school year off right!

UNDERSTANDING SOCIAL MEDIA'S IMPACT: INFLUENCERS, BODY IMAGE & SUBSTANCES

SEPTEMBER 9, 2024 THE MEDIATRICIAN, DR. MICHAEL RICH

Social media has a powerful grip on almost everyone, especially our kids. That's why The Mediatrician, Dr. Michael Rich, is going to dive into its profound impact. He will cover how virtual connections are affecting real-life relationships, the toxicity of social media influencers, and how all those perfect images are harming body image and self-esteem. He will also discuss the role social media plays in promoting risky behaviors like vaping and drinking. Gain practical, actionable steps to help your family navigate these challenges and foster a healthier, more balanced digital lives.

Operation Parent has a couple upcoming webinars that could be beneficial to those of us who have teens at home as well as those who work with teens. They both begin at 1pm, you can register online if they are of interest to you https://www.operationparent.org/webinars.

Operation SAVE

A free training about how to help during a mental health crisis

Join us to learn how to SAVE a life:

- Suicide data overview
- Signs of a mental health crisis
- How to use the SAVE model to respond to someone in crisis
- How to reduce risk of suicide
- o August 26th at 11 AM at Palmyra Library
- o September 3rd at 12:30 PM at Bristol Library (Canandaigua)
- o September 5th at 10:30 AM at Bloomfield Library
- O September 9th at 11 AM at Livonia Public Library
- o September 10th at 11:30 AM at Red Jacket Library (Manchester)
- o September 12th at 12 PM at Dundee Library
- o September 16th at 12 PM at Naples Public Library
- o September 17th at 6 PM at Victor Farmington Library
- September 18th at 1:30 PM at Modeste Bedient Memorial Library (Branchport)
- o September 19th at 10:30 AM at Avon Library
- O September 21st at 10 AM at Ogden Farmers' Library
- o September 23rd at 12 PM at Newark Library
- o September 30th at 12 PM at Penn Yan Library



September is suicide prevention month. Please attend one of these local trainings to learn skills that can be life saving for someone struggling with their mental health.



R.E. Ginna Clean Energy Center - Community Information Night

R.E. Ginna Clean Energy Center is hosting a community night on Thursday, August 22, 2024, from 4–8 p.m.

Join R.E. Ginna Clean Energy Center for an evening of fun and information at their Community Information Night. Discover firsthand how Constellation is leading the way in producing safe, clean, and reliable energy to power homes and businesses in communities. Meet their team, ask questions, and learn how they're setting new standards of excellence in the energy industry.

Select the link below to reserve a spot and learn more about this event.

https://www.eventbrite.com/e/re-ginna-clean-energy-center-community-information-night-tickets-936467277837

AUGUST 2024

YOUR HEALTH MATTERS

Wayne County Community Health & Wellness News

VOLUME 30

IN THIS LESUE:

Note from the Nurse's Office - Physicals

Kid-Approved Lunches

Food Resources

Immunization Schemule

medication at School









Back to School Issue

A Note from the Nurse's Office:

Required Physical Exams:

New Your State law requires that all students in grades Prek or K, 1, 3, 5, 7, 9, and 11 have a physical examination and recommends that a complete dental examination be completed. Additionally, new entrants to the district, students wishing to participate in interscholastic sports, and students desiring work permits must have an annual physical examination. According to the New York State Education Law, physicals must be completed within one year from when the student enters school in September. This means that all physicals will need to be completed after September 4, 2023 in order to be used for the 2024-2025 school year. For athletes, physicals must be completed within one year of the start of the season.

We encourage you to use your personal health care provider for all required health exams as they are most familiar with the medical history of your child and are to provide treatment and continuity of care. If you need help to find a private physician or require financial assistance please contact the school nurse who can provide you with contacts for insurance coverage.

Please note, it may take up to six weeks to schedule exams during the busy summer and fall months. Please plan ahead.

Jill E. Harper, R.N. School Health Integration Specialist Wayne County Community Schools



AUGUST 2024 **VOLUME 30**

August's issue of Youth Health Matters is available, along with past issues, at https://www.waynecountycommunityschools.org/your-health-matters

Partnership Spotlight



Introducing the Wayne County Community Events Calendar

The Partnership has created a <u>Community Calendar</u> to display the many great events that take place around Wayne County. Including your event is free and easy!

How?

Simply visit the Events Calendar at https://www.waynepartnership.org/community-events-calendar and complete the simple form at the bottom of the page.

Who Can Post Events to the Calendar?

The calendar is available to our Partners, as well as any not-for-profit group that's hosting an event for the people of Wayne County.

The Community Calendar is a work in progress. We welcome your **feedback** to make it a better, more useful, tool.

The Partnership Is:

Arc Wayne • Catholic Charities of the Finger Lakes • Child Care Council, Inc.
Clyde-Savannah CSD • Common Ground Health • Cornell Cooperative Extension
Council on Alcoholism and Addictions of the Finger Lakes • Delphi Rise • Evalumetrics Research
Family Counseling Services of the Finger Lakes • Family Promise of Wayne County
Fidelis Care • Finger Lakes Community Action • Finger Lakes Community College
Finger Lakes Community Health • Finger Lakes Community Schools
Finger Lakes Problem Gambling Resource Center • Finger Lakes Workforce Investment Board • FLACRA
Gananda Schools • Literacy Volunteers of Wayne County • Lyons CSD • Marion CSD
Mid-West Family and Community Engagement Centers • Newark CSD • Newark-Wayne Hospital
North Rose-Wolcott CSD • OWWL Library System • Palmyra-Macedon CSD • Person Centered Services
Real Life Counseling • Red Creek CSD • Salvation Army of Geneva and the Finger Lakes
Scarlet Thread Ministries • Sodus CSD • Survivor Advocacy Center of the Finger Lakes
United Way of Greater Rochester and the Finger Lakes • Wayne Action for Racial Equality
Wayne Behavioral Health Network • Wayne CSD • Wayne County Board of Supervisors
Wayne County Dept. of Aging & Youth • Wayne County Dept. of Social Services
Wayne-Finger Lakes BOCES • Wayne M.O.S.T. • Williamson CSD • Youth Advocate Program







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