

The Wayne County Partnership

Issue # 106

March 9, 2023



The Second Annual **Wayne County Unity Festival** will take place on June 19, 2023, at Perkins Park in Newark.

Please register your organization, agency, group, or vendor/craftsman for the Wayne County Unity Fest. Organizational meeting will be scheduled soon.

GET SCREENED FOR COLON CANCER

Colon cancer is the **2nd** leading cause of cancer deaths in NYS.

Colon cancer can be **PREVENTED** with a cancer screening.

FREE at-home colon cancer screening kits are available for eligible uninsured individuals ages 45 and older.

Call the Cancer Services Program of the Finger Lakes Region at 585-224-3070 or email CSP@URMC.Rochester.edu for a kit.

Hágase la prueba de cáncer de colon

El cáncer de colon es la causa numero **2** de muertes por cáncer entre los neoyorquinos.

El cáncer de colon se puede prevenir.

Las pruebas de detección de cáncer de colon en el hogar **gratuitas** están disponibles para personas elegibles que no tienen seguro de 45 años o más.

llame al 585-224-3070 para obtener más información sobre los servicios locales de detección del cáncer con el Programa de Servicios del Cáncer de la Región de Finger Lakes.

March is **National Colorectal Cancer Awareness Month** and colorectal cancer is a leading cause of cancer death in the United States. Timely screening can reduce mortality from this disease and lead to better health outcomes, however, an estimated 26% of adults ages 50-75 have never been screened for colorectal cancer (NIH National Library of Medicine). It is recommended to begin screening for colorectal cancer at age 45 for average-risk individuals, and the tools attached to this email reflect that age recommendation.

This March, please take a moment to share information about colorectal cancer with your network and the community you serve. It could save a life.

Why use the IDI?

(Intercultural Development Inventory)

The IDI is designed to...

- Help you and your organization assess your JDEIA (Justice, Diversity, Equity, Inclusion & Accessibility) work and values;
- Challenge you to think critically about your organization, its policies, culture and way of being; and,
- Assist you in creating strong and effective JDEIA policy

Where to start?

- Start with a Self-Assessment – The IDI
- Know that you are not alone on this journey
- Remember, we all have work to do

Interested?



Scan for more information

This assessment is available for personal and professional development –it doesn't matter where you are in the world! The **Intercultural Development Inventory (IDI)** is a powerful tool that can help anyone make sense of their cultural background and gain insight into the differences between yourself and others. It's important to remember that no one is perfect, and everyone has room for improvement. The IDI aims to help individuals develop intercultural competence through an interactive process of self-discovery. It asks participants to reflect on themselves as global citizens whose lives are concurrent with other cultures in meaningful ways. The IDI is available to anyone who wants a deeper understanding of how they relate to people from different backgrounds. Still, it benefits those in education positions, seeking leadership positions and personal growth, or within communities where diversity is valued. This tool can be used for individual, group/team, and organizational development.



The Marion Elementary School is looking for agencies to help promote health, wellness, and community safety to their families. Please **email Marissa** for more information.

To get your update, notice, or article added to this newsletter, visit <https://www.waynepartnership.org/newsletter>

To see this newsletter's publication schedule, visit <https://www.waynepartnership.org/home#calendar>

DEPAUL
National Council on Alcoholism & Drug Dependence - Rochester Area

1501 Buffalo Rd
Rochester, NY 14624
(585) 423-1501 fax
www.ncadd-ra.org
facsbrok.com/ncaddra

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Finger Lakes Prevention Resource Center
TRAINING OPPORTUNITY
**Too Good for Drugs & Violence
Training K-12**

Presenter: **Cindy Szwedzki, BS**
Mendez Foundation

DATE: March 28th & 29th 2023
TIME: 9:00 AM – 4:00 PM
(Registration will begin at 8:45 a.m.)
Attendance both days is mandatory.
COST: \$0, pre-registration required
Lunch Separately

Content: Participants will gain valuable hands-on experience with both Too Good for Drugs and Too Good for Violence and become prepared to implement the programs with fidelity in grades k-12. This evidenced-based program is designed to both reduce risk factors and enhance protective factors by helping students to develop practical life skills emphasizing goal setting and decision making.

Registration Deadline: March 20th, 2023

Training Location
1331 Buffalo Road
Rochester, NY 14624

Training Date/Title: March 28th & 29th 2023 - Too Good for Drugs & Violence Training K-12
Registration Deadline: Friday, March 20th, 2023

Name _____ Job Title _____
Company _____ Telephone _____
Address _____
Facsimile _____

Return form via Email to Irene Lawrence
ilawrence@depaul.org
For more information or to register, please contact Irene Lawrence,
Ph: (585) 719-3482, fax: (585) 423-1501

11 Clockhour:
Continuing Education
Approved for 11 Clockhour CEU

The Finger Lakes Prevention Resource Center presents two days of Too Good for Drugs and Violence training at the K - 12 grade level.

Participants will gain valuable hands-on experience with both **Too Good for Drugs** and **Too Good for Violence** and become prepared to implement the programs with fidelity in grades k-12. This evidenced-based program is designed to both reduce risk factors and enhance protective factors by helping students to develop practical life skills emphasizing goal setting and decision making.



The Future Run the Streets is holding its 2nd Annual 5K in Sodus on April 29th. Training for youth and adults will begin the first week in April and take place in Newark.



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

YOUTH MENTAL HEALTH FIRST AID

WHY YOUTH MENTAL HEALTH FIRST AID?
Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

- 10.2%** of youth will be diagnosed with a substance use disorder in their lifetime. Source: Youth Mental Health First Aid™
- 1 in 5** teens and young adults lives with a mental health condition. Source: National Alliance for Mental Illness™
- 50%** of all mental illnesses begin by age 14, and 75% by the mid-20s. Source: American Psychiatric Association™

WHO SHOULD KNOW MENTAL HEALTH FIRST AID?

- Teachers
- School Staff
- Coaches
- Camp Counselors
- Youth Group Leaders
- Parents
- Adults who Work with Youth

WHAT MENTAL HEALTH FIRST AID COVERS

- Common signs and symptoms of mental health challenges in this age group, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Common signs and symptoms of substance use challenges.
- How to interact with a child or adolescent in crisis.
- How to connect the youth with help.
- Expanded content on trauma, substance use, self-care and the impact of social media and bullying.

THREE WAYS TO LEARN

- In-person** - Learners will receive their training as an 8-hour, instructor-led, in-person course.
- Blended** - Learners complete a 2-hour, self-paced online course, and participate in a 4.5- to 5.5-hour, instructor-led training. This Instructor-led Training can be:
 - A video conference.
 - An in-person class.

Learn how to respond with the Mental Health First Aid Action Plan (ALICE):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- C**are reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

To find a course or contact a Mental Health First Aid instructor in your area, visit MHFA.org or email Hello@MentalHealthFirstAid.org.



Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID

WHY MENTAL HEALTH FIRST AID?
Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

- On average, **130** people die by suicide every day. Source: American Foundation for Suicide Prevention
- From 1999 to 2019, **841,000** people died from drug overdoses. Source: Centers for Disease Control and Prevention
- Nearly **1 in 5** in the U.S. lives with a mental illness. Source: National Institute of Mental Health

WHO NEEDS TO KNOW MENTAL HEALTH FIRST AID?

- Employers
- Police officers
- Hospital staff
- First responders
- Caring individuals

WHAT IT COVERS

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

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- A**ssess for risk of suicide or harm.
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 - A video conference.
 - An in-person class.

To find a course or contact a Mental Health First Aid instructor in your area, visit MHFA.org or email Hello@MentalHealthFirstAid.org.

Virtual Mental Health First Aid and Virtual Youth Mental Health First Aid classes are available. Click on the images, above, to view details on each course.

Visit the [Wayne County Connection to Learning](#) to view dates and times and to register.

Partner Spotlight



WBHN

Wayne Behavioral Health Network

The **Wayne Behavioral Health Network** exists to assist individuals experiencing mental or emotional crises or dealing with a substance abuse issue. They provide a wide range of services, including:

- **Care Management and Referral Services / SPOA**
- **Comprehensive Assessment and Evaluation:** psychological, psychiatric, emotional, or substance abuse-related issues
- **Integrated Treatment:** Of Mental Health and Substance Abuse Services
- **Medication-Assisted Therapy:** provided by our physicians and nurse practitioners
- **Narcan Training Available**
- **Open Access Center / Crisis Services:** Immediate access to treatment/care
- **Opioid Treatment Clinic**
- **Psychological Testing:** including Forensic Court Services
- **Psychotherapy:** in-person, telephone, or video conference
- **School Based Clinics:** located in elementary, middle and high schools throughout the county
- **Self Help and Peer Services:** provided by our Certified Recovery Peer Advocates

Substance Abuse Services / Group Therapy: which specializes in the treatment and recovery issues related to alcohol and other drugs of abuse

Services are available in-person, through video telehealth, or by telephone. Services are available for children, adolescents, adults, and families.

For services call [315-946-5722](tel:315-946-5722) or contact our open-access center [833-Wayne-co](https://www.wayne-co.ny.us/833-Wayne-co) or [email our intake coordinator](mailto:our_intake_coordinator@wayne-co.ny.us).



The Partnership Is:

Arc Wayne • Catholic Charities of the Finger Lakes • Child Care Council, Inc.
Clyde-Savannah CSD • Common Ground Health • Cornell Cooperative Extension
Council on Alcoholism and Addictions of the Finger Lakes • Delphi Rise • Evalumetrics Research
Family Counseling Services of the Finger Lakes • Family Promise of Wayne County
Fidelis Care • Finger Lakes Community College • Finger Lakes Community Health
Finger Lakes Community Schools • Finger Lakes Problem Gambling Resource Center
Finger Lakes Workforce Investment Board • FLACRA • Gananda Schools
Geneva/Finger Lakes Salvation Army • Bryan R. Harrison, PhD • Literacy Volunteers of Wayne County
Lyons CSD • Marion CSD • Monroe BOCES • Newark CSD • Newark-Wayne Hospital • North Rose-Wolcott CSD
OWWL Library System • Palmyra-Macedon CSD • Person Centered Services • Real Life Counseling
Red Creek CSD • Scarlet Thread Ministries • Sodus CSD • Survivor Advocacy Center of the Finger Lakes
United Way of Greater Rochester and the Finger Lakes • Wayne Action for Racial Equality
Wayne Behavioral Health Network • Wayne CSD • Wayne County Action Program
Wayne County Board of Supervisors • Wayne County Dept. of Aging & Youth
Wayne County Dept. of Social Services • Wayne County Pre-Trial Services • Wayne County Public Health
Wayne County Rural Health Network • Wayne-Finger Lakes BOCES
Wayne M.O.S.T. • Western New York Rural Area Health Education Center • Williamson CSD
Youth Advocate Program



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